For tips and recipe ideas:
Type this link into a web browser: https://foodhero.org/microgreens

OR

Follow these steps to scan this QR code:

1. Open the camera app on a smart device (e.g. iPhone, Android, tablet, etc.).
2. Hold the device over the QR code as if you are going to take a picture of it.
3. A message should appear with a link – click on it. Once there, you can view information about microgreens.

Visit FoodHero.org to find low-cost, healthy, tasty and simple recipes!

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