

# Kids Kitchen Safety Checklist

- Keep sharp objects out of the children's reach.
- Turn the handles of pots and pans on the stove inward so children cannot reach them.
- Be careful not to leave hot food where children can reach it.
- Keep the temperature of your hot water below 120 degrees by turning down the temperature of your hot water heater.
- Store snack foods away from the stove so children won't get burned while reaching for it.
- Keep young children away from the oven if the door gets hot during baking.
- Keep young children in a safe place (high chair, playpen, etc.) while cooking to keep them away from kitchen hazards.
- Avoid using tablecloths. Young children may try pulling on the tablecloth and objects on top could fall down on the child.
- Don't allow appliance cords to dangle or hang over counter tops or table edges to keep children safe from appliances falling on them.
- Cover electrical outlet with plastic plug-in protectors.
- Older children tall enough to operate a microwave, toaster or oven still need adult supervision.
- Kitchens should have a fire extinguisher that is for kitchen fires, a smoke alarm and a fire escape plan.



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