Healthy Celebrations
Food Hero Smoothie Holiday Calendar

Halloween
Peach and Carrot Smoothie

Fall/Thanksgiving
Pumpkin Smoothie in a Cup

Winter Break
Blueberry Tofu Smoothie

Valentine’s Day
Un-beet-able Berry Smoothie

St. Patrick’s Day
Popeye Power Smoothie

Spring Break
Banana Berry Smoothie

Summer Break
Watermelon Cooler

Birthdays
Bell Pepper Smoothie

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