Directions to Kids Art Contest

**Food Hero/Blue Zones Project Kids Art Contest Directions**

**All Kids Art Contest files can be found in the Food Hero Community Toolkit:** <http://foodhero.org/kids-art-contest> **Questions? Email Us**: food.hero@oregonstate.edu

**When and Where:**

Turn in your artwork to the front office by **November 6th.**

**Prizes:**

There will be a **1st** place prize for each grade level.

You could win a **Blue Zones** t-shirt, beanie, or sunglasses!

**1st place** for the school will be displayed on the **Food Hero Bulletin** **Board.**

**Some tips:**

1. Try showing bell peppers, potatoes, cherries, cucumbers, pumpkins, summer squash, parsnips, cauliflower, or anything related to gardening.
2. We love color—even in the background.
3. Surprise us with different art forms—collage, watercolor, pastels, colored pencils, crayons, etc.
4. It’s fine to have a few words on your art, but avoid a lot of writing, because it can be distracting.
5. Use 8 ½ x 11 paper, turned horizontally (landscape) or vertically (portrait).



The OSU Food Hero Campus team will review winning entries that have a signed parent consent form. **Winners** will receive a [Food Hero Champion Award](http://foodhero.org/award-template) and a reinforcement from Food Hero.

Last year’s winner from Douglas County can be found on the Food Hero Facebook page to help promote April Harvest of the Month – Herbs and Spices.

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Parent/Guardian signature (if subject under 18) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This material was funded by USDA’s Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon Safe Net at 211. USDA is an equal opportunity provider and employer.

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