

Seed Growth Recording Sheet

I am growing _____

Date _____

Draw or write down the changes you see as your plant grows.

<u>Day</u>	<u>Day</u>	<u>Day</u>
<u>Day</u>	<u>Day</u>	<u>Day</u>

9 inches

8

7

6

5

4

3

2

1

If you'd like to print copies of our Seed Growth Recording Sheet to use with your class, visit this link: <https://foodhero.org/seed-growth>.



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer.

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